

# Health Screening

A healthcare experience specially for  
**PRUShield customers**



**On-Site Clinic**

**Home-Based**

# We make it easy for you:



## Essential & Comprehensive

Health screening packages tailored to your gender and age



## On-Site Clinic or Home-Based

Convenient health screening locations  
Choose what works best for you



## Customisable Reporting

Individual and organisation-level health status reports



## 1-1 GP Review via DA App

Includes a review with our doctor for medical advice and lifestyle recommendations

## Book a health screening in 4 simple steps:



Visit the [appointment booking site](#) for PRUShield customers



Confirm the requirements such as date, location, and package



Enjoy a fuss-free screening on appointment day



Receive your individual health report and opt for a complimentary GP Review

# Health Screening Packages

Available on-site clinic and home-based

Non-Fasting<sup>^</sup>

## Health Screening Package

Recommended age

Home-based option (+\$43.60)

### Fem Core

20-30

\$74.12

### Fem Select

30-40

\$128.62

### Fem Elite

40+

\$172.22

### Fem Prestige

All

\$270.32

<b>Consultation</b>	› Post Screening Review by Doctor	✓	✓	✓	✓
<b>Physical Test</b>	› Height, Weight and BMI	✓	✓	✓	✓
<b>Blood Pressure</b>	› Blood pressure measurement	✓	✓	✓	✓
<b>Diabetic</b>	› Glucose (HbA1c)	✓	✓	✓	✓
<b>Lipid &amp; Cardiac</b>	› Total Cholesterol	✓	✓	✓	✓
	› HDL, LDL, Chol/HDL Ratio	✓	✓	✓	✓
	› Triglycerides	✓	✓	✓	✓
	› Creatine Kinase		✓	✓	✓
	› High Sensitive C Reaction			✓	✓
<b>Haematology</b>	› Full Blood Count (includes Hb Indices)	✓	✓	✓	✓
	› ESR		✓	✓	✓
<b>Kidney</b>	› Urea	✓	✓	✓	✓
	› Creatinine	✓	✓	✓	✓
	› Sodium, Potassium, Chloride	✓	✓	✓	✓
	› eGFR	✓	✓	✓	✓
<b>Liver</b>	› Bilirubin, Total	✓	✓	✓	✓
	› Protein, Albumin, Globulin	✓	✓	✓	✓
	› A/G Ratio	✓	✓	✓	✓
	› ALT (SGPT), AST (SGOT)	✓	✓	✓	✓
	› Alkaline Phosphatase	✓	✓	✓	✓
	› GGT	✓	✓	✓	✓
<b>Bone &amp; Joint</b>	› Calcium		✓	✓	✓
	› Phosphate		✓	✓	✓
	› Uric Acid			✓	✓
	› Rheumatoid Factor (RF)			✓	✓
<b>STD Screen</b>	› VDRL (RPR)				✓
	› TPHA (if VDRL is reactive)				✓
<b>Urine Analysis</b>	› Urine FEME		✓	✓	✓
	› Urine Microalbumin/Creatinine		✓	✓	✓
<b>Stool Analysis</b>	› Stool Occult Blood (Card)			✓	✓
<b>Hepatitis</b>	› Hep B Antigen & Antibody				✓
	› Hep A IgG Antibody				✓
	› Hep C Antibody				✓
<b>Thyroid</b>	› Free T4 (FT4)		✓	✓	✓
	› Thyroid Stimulating Hormone		✓	✓	✓
<b>Cancer Markers</b>	› Alpha Fetoprotein (Liver)			✓	✓
	› Carcinoembryonic (Colon) CEA			✓	✓
	› CA19.9 (Pancreas)			✓	✓
	› CA125 (Ovarian)		✓	✓	✓
	› Nose & Throat (EBV)				✓

<sup>^</sup>Non-fasting screenings are medically proven to be reliable and accurate.

\*Prices listed include GST

# Health Screening Packages

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	› Sodium, Potassium, Chloride	✓	✓	✓	✓
	› eGFR	✓	✓	✓	✓
<b>Liver</b>	› Bilirubin, Total	✓	✓	✓	✓
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# Health Screening Add-Ons

Customise health screening package with these add-on options,  
Available on-site clinic or home-based

Cancer Markers - Blood sample tests		Price*
Alpha Fetoprotein (Liver) Marker (AFP)	High levels of AFP can be a sign of liver cancer, as well as non-cancerous liver diseases such as cirrhosis and hepatitis. <b>Note: This test is already included in: Elite   Prestige packages</b>	\$43.60
Breast Cancer Marker (CA15.3) <small>Female only</small>	This test measures the amount of cancer antigen 15-3 (CA 15.3) and is used to monitor certain types of cancer. CA 15.3 is not used as a screening test or a diagnostic test to find breast cancer.	\$43.60
Carcinoembryonic (Colon) Marker (CEA)	This test measures levels of CEA in your body. A high level of CEA can be a sign of certain types of cancers. These include cancers of the colon and rectum, prostate, ovary, lung, thyroid, or liver. <b>Note: This test is already included in: Elite   Prestige packages</b>	\$43.60
Germ Cell Marker/ Beta HCG	An increased level of hCG is seen with gestational trophoblastic disease and some germ cell tumors (benign and cancerous). For women, germ cell tumors can occur in the egg-producing cells of the ovaries and are more often seen in younger women. For men, however, germ cell tumors can affect cells within the testicles that make sperm and account for more than 90% of testicular cancers.	\$43.60
Nose & Throat Marker (EBV)	Epstein-Barr Virus is a common virus, which can be linked to several rare cancers like Hodgkin-Lymphoma, Nasopharyngeal carcinoma etc. <b>Note: This test is already included in: Prestige packages</b>	\$49.05
Pancreas Marker (CA 19.9)	This test screens for pancreatic cancer. The pancreas produces enzymes to digest food, as well as insulin to regulate blood sugar. <b>Note: This test is already included in: Elite   Prestige packages</b>	\$43.60
Stomach Ulcer Marker, Helicobacter Pylori	This test determines presence of the Helicobacter Pylori bacteria in the stomach. This bacteria causes chronic inflammation which may lead to stomach ulcers and gastritis.	\$49.05
Others		Price*
ECG (available on-site clinic only)	An electrocardiogram (ECG) is a simple test that can be used to check your heart's rhythm and electrical activity.	\$32.70
HPV Test (available on-site clinic only) <small>Female only</small>	Screening for the detection of abnormal changes in the cervical cells and is recommended for women aged 30 years and older.	\$104.64
Pap Smear (available on-site clinic only) <small>Female only</small>	The Pap test (Pap smear) looks for abnormal changes in the cervical cells and is recommended for women aged 25 years and older.	\$87.20
Vitamin D Test	A blood sample test to determine Vitamin D levels in your body and risk of osteoporosis.	\$87.20
STD Screen	A blood sample test for the detection of HIV, Syphilis, Hepatitis B and Hepatitis C.	\$109

\*Prices listed include GST



# Health Screening Add-Ons

Customise health screening package with these add-on options,  
Available on-site clinic or home-based

## Imaging

Price\*

Bone Mineral Density	<p>This test checks for the bone density of your hip and spine to diagnose osteoporosis.</p> <p>This test can only be done at Radlink (Paragon) located at 290 Orchard Road, #08-08 Paragon, Medical (Lobby E), Singapore 238859.</p>	\$130.80
Chest X-Ray (filmless)	Chest X-Rays can help detect abnormalities or diseases of the airways, blood vessels, bones, heart and lungs.	\$21.80
Mammogram Female only	<p>The mammogram is currently the most reliable screening tool for breast cancer. It can detect the presence of cancerous lumps even before they can be felt with the hand.</p> <p>Annual screening mammography is recommended for women aged 40 years and above.</p>	\$201.65
Ultrasound of Abdomen	An abdominal ultrasound is a noninvasive procedure used to assess the organs and structures within the abdomen. This includes the liver, gallbladder, pancreas, bile ducts, spleen, and abdominal aorta.	\$207.10
Ultrasound Breasts Female only	Useful for the evaluation of palpable and mammographic abnormalities, for preoperative evaluation and for the evaluation of younger women with breast cancer symptoms. Recommended for women below 40 years old.	\$136.25
Ultrasound Hepatobiliary	Hepatobiliary ultrasound is used to detect certain conditions such as lesions as well as assess the function of the liver, gallbladder, and bile ducts.	\$136.25
Ultrasound KUB	KUB ultrasound evaluates the condition and any changes in the urinary tract, which includes the kidneys, ureters, and urinary bladder.	\$136.25
Ultrasound Pelvis Female only	The ultrasound of the pelvis detects abnormalities of the ovaries, fallopian tubes, uterus and bladder in females. This test is recommended if you have irregular menstrual bleeding or have a family history of gynecological cancers.	\$136.25
Ultrasound Prostate Male only	<p>Prostate ultrasound is used to detect possible disorders within a man's prostate gland. Ultrasound images can indicate when the prostate is enlarged or when there is an abnormal growth that might be cancer.</p> <p>This test is recommended if you experience difficulty in, or frequent or incomplete emptying when passing urine, and waking up many times at night, or if you have family history of prostate cancer.</p>	\$136.25

\*Prices listed include GST

## Imaging Centre Locations

### RadLink Drs Lim Hoe & Wong

1 Jurong West Central 2, #B1A-19C  
Jurong Point Shopping Centre  
Singapore 648886  
Tel: +65 6792 6119

Weekdays: 8.30am-4.30pm  
Saturday: 8.30am-11.30pm  
Sunday/PH: Closed

### RadLink Ang Mo Kio X-Ray Clinic & Laboratory

Blk 422, Ang Mo Kio Ave 3, #01-2516  
Singapore 560422  
Tel: +65 6459 9806

Weekdays: 8.30am-4.30pm  
Saturday: 8.30am-11.30pm  
Sunday/PH: Closed

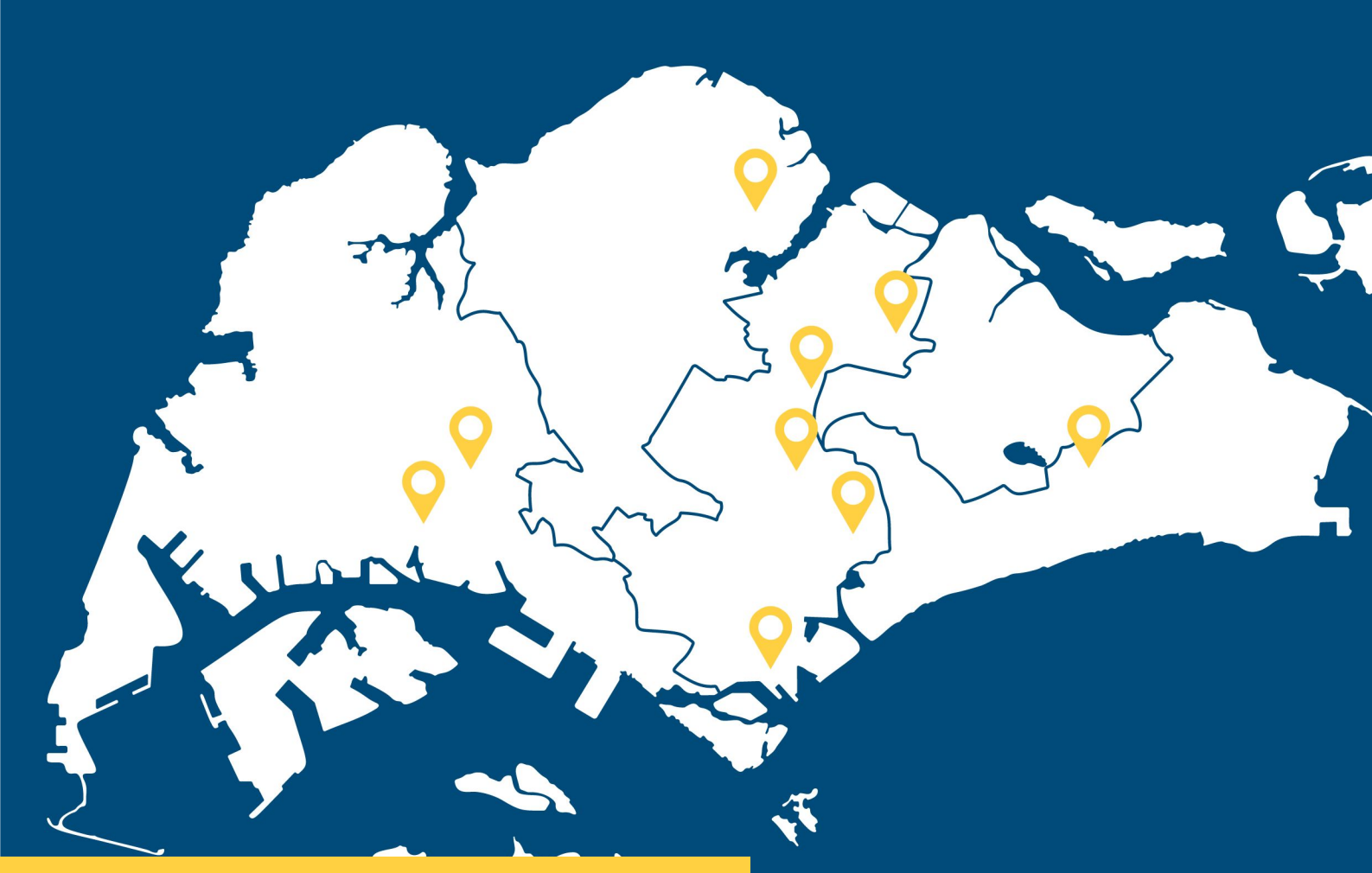
### RadLink Tampines Street 11 X-Ray Clinic

Blk 138, Tampines Street 11, #01-130  
Singapore 521138  
Tel: +65 6785 7409

Weekdays: 8.30am-4.30pm  
Saturday: 8.30am-11.30pm  
Sunday/PH: Closed

## Scheduling an appointment with the imaging centre

Add-on tests that require radiology exams, such as x-rays and ultrasounds, are done at our partnering centres. Our staff will assist with booking the initial appointment. You can reschedule the appointment by calling the respective imaging center listed above.



## DA Clinic Locations

### DA Clinic @ Anchorvale

351 Anchorvale Road, #01-01  
Singapore 540351  
Tel: +65 3165 0144

Weekdays:  
8.30am-12pm; 1pm-4pm; 6pm-9pm  
Weekends/PH: 8.30am-12pm

### DA Clinic @ Ang Mo Kio

525 Ang Mo Kio Ave 10, #01-2407  
Singapore 560525  
Tel: +65 3165 0147

Weekdays/Weekend/PH: 24 hours

### DA Clinic @ Bishan

501 Bishan Street 11, #01-374  
Singapore 570501  
Tel: +65 3165 0140

Weekdays:  
8.30am-12pm; 1pm-4pm; 6pm-9pm  
Weekends/PH: 8.30am-12pm

### DA Clinic @ Bukit Batok

451 Bukit Batok West Ave 6, #01-02  
Singapore 650451  
Tel: +65 3165 0143

Weekdays:  
8.30am-12pm; 1pm-4pm; 6pm-9pm  
Weekends/PH: 8.30am-12pm

### DA Clinic @ Potong Pasir

51 Upper Serangoon Road, #01-53,  
The Poiz Centre, Singapore 347697  
Tel: +65 3165 0139

Weekdays:  
8.30am-12pm; 1pm-4pm; 6pm-9pm  
Saturday: 8.30am-12pm  
Sunday/PH: 8.30am-12pm; 6pm-9pm

### DA Clinic @ Taman Jurong

Blk 140, Corporation Drive, #01-03  
Singapore 610140  
Tel: +65 3165 0145

Weekdays:  
8.30am-12pm; 1pm-4pm; 6pm-9pm  
Saturday: 8.30am-12pm  
Sunday/PH: 8.30am-12pm; 6pm-9pm

### DA Clinic @ Yishun

18 Yishun Avenue 9, #01-34,  
Junction Nine, Singapore 768897  
Tel: +65 3158 6928

Weekdays:  
8.30am-12pm; 1pm-4pm; 6pm-9pm  
Weekends/PH: 8.30am-12pm

### DA Clinic @ Simei

248 Simei Street 3, #01-128  
Singapore 520248  
Tel: +65 3165 0146

Weekdays:  
8.30am-12pm; 1pm-4pm; 6pm-9pm  
Weekends/PH: 8.30am-12pm

*Note, registration may close 30 minutes prior to closing time, depending on the number of patients in line.*

# Locate us

# Useful Information

The following section provides an overview of health screening booking process and useful information for you in preparation for check-up.

## 01

Important information

## 02

Frequently Asked Questions









# Important information

On-site clinic and home-based health screenings



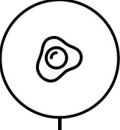

## Before Screening

-  Visit [dranywhr.com/DAHS](https://dranywhr.com/DAHS) or scan the QR code to sign up for the health screening.
-  Complete the registration form to sign-up for your appointment.
-  Once submitted you will receive an acknowledgement email.  
For home-based screening, an additional confirmation email as well as a reminder one day prior to screening will be sent.
-  On the day of your appointment, please arrive/be ready at the specified location a few minutes prior to your appointment time.

Book your  
health screening



## During Screening



-  Registration and DA app download (if yet to). If you've opted for additional tests, payment will be collected during registration.
-  Complete a short health declaration form.
-  Please inform DA nurses if you have any drug or food allergies prior screening.
-  Health Screening.



Doctor Anywhere



## How to prepare

-  Please present the necessary documents (identification card, passport, staff pass) for verification upon registration.
-  Wear loose or short sleeves that can be rolled up easily, so that health workers have easy access to your arm.

# Frequently Asked Questions

## **Q: Can I choose my preferred appointment time?**

Yes, you can select your preferred time slot from the available appointment timings during the health screening registration process.

## **Q: Can I add on additional tests?**

Yes, you can add additional tests by requesting them through our on-site clinic or home-based mobile team. They will assist you with the arrangements.

## **Q: How long does it taken to complete a health screening?**

The duration of a health screening depends on the type and complexity of the package:

- Home-Based: Approximately 15 to 30 minutes
- On-Site Clinic: Approximately 20 to 45 minutes

## **Q: How are the urine and stool samples collected?**

Home-Based: Once your appointment is confirmed, the specimen containers will be mailed to your home address. The package will take up to 5 business days to arrive.

- Stool samples may be collected on the day of or one day before your appointment. If you are collecting your sample the day before, do note that you should keep the sample in your fridge overnight.
- Urine samples must be collected on the same day of your appointment. The sample should be collected 'mid-stream' to reduce the risk of bacteria contamination; and should fill more than half of the container. Our DA staff will collect your samples on the day of your screening.

On-Site Clinic: If you have opted in for a urine and/or stool test, the specimen containers will be provided to you on the day of your appointment.

If you are unable to produce the required samples during your appointment, you can drop off your samples at the clinic on another day when they are ready. Please only provide same-day samples.

## **Q: How will the doctor review my health screening results with me?**

The review will be conducted over video consultation on the DA app.

**Have more questions? Scan to learn more:**



or contact us at [doctoranywhere.com/contact-us](https://doctoranywhere.com/contact-us)

# FAC